Merthyr Cynon Foodbank
Together with Trussell

Newsletter

Nov and Dec 2026

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Verse is from 1 John 4:9 & 10
"This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins."

Wishing all our supporters, volunteers and donors a very Happy Christmas and a blessed New Year.

So far, with your kindness we were able to feed 2,939 people in hardship since 1st of April (FY 26/27). Many thanks for your generosity and help without which we wouldn't be able to feed so many in hardship at these challenging times.
Your support is vital for this ministry!

A special heartfelt thank you to all the churches and schools that donated their harvest festivals to our charity this year. Over 2,261 kg of food & toiletries. We are truly grateful for your generosity.

TESCO

Tesco Winter Collection (Aberdare & Merthyr Tydfil)
Our volunteers will be at Tesco collecting for Christmas on Thursday 26/11, Friday 27/11 and Saturday 28/11. Why not come along and say hello to them!
Your time and kindness will help us bring in essential food for families and individuals during Christmas and the winter months. Many thanks for all your donations.



A Celebration of Christmas
Come and enjoy an afternoon with the wonderful Cantorion Cyfarthfa, where all the proceeds will be donated to Merthyr Cynon Foodbank.
Hope & Market Square Church, Saturday, 12th December at 3:00 PM. Mince pies, hot drinks and tickets available at the door: £8
Keep this date!



ROTARY CLUB MERTHYR TYDFIL
We would like to say a special thank you to the Rotary Club - Merthyr Tydfil.
Your consistent help and support over many years has been remarkable. We are deeply grateful for your reliable monthly contributions that help our work continue.

Rotary Club of Merthyr Tydfil



People fed Sept and Oct 2026

	Vouchers	Adults	Children	Total
Sept	217	304	189	493
Oct	184	261	110	371

Donations in kilos at Supermarket Permanent Collection Points (PCP's)

PCPs	September	October
Tesco MT	610.60	548.65
Tesco AB	489.20	450.60
Asda MT	148.55	131.95

In urgent need please

Long life milk	Cooking sauces
Squashes	Cereals
Tinned rice pudding	Christmas chocolate
Tinned fruit 	**Toiletries**
Tinned fish	Shampoo
Tinned carrots	Deodorant
Tinned soup	Shower gel 
Tinned peas	Toothpaste